



The Meadow Community Primary School and Pre-School

Curriculum position statement – **September 2021** PSHE including Health and Relationships Education

Historical

The personal, social, and health education of children at the Meadow has always been central to school life. Building self-esteem through special mentions and house points, providing opportunities for teamwork during class assemblies and inter-house competition, promoting British Values by voting for school councillors and offering a variety of physical activities in after school clubs are just some of the ways that children experience PSHE. However, whilst the personal, social, and health education of children has always been important at The Meadow, teaching PSHE in discrete lessons has not always happened on a regular basis. The main reasons for this were time constraints, a focus on academic subjects and a lack of staff training and available resources - a situation found across many primary schools. Teachers used a variety of resources, many from the SEAL Primary National Strategies dating from 2005. In 2018/19 the Meadow signed up to the Route to Resilience programme, which encouraged children to build characteristics that would help them find happiness and success in and out of school. Parents were brought on board with the initiative through whole school events and home learning activities and teachers reinforced the specific characteristics during day to day schooling.

Current

In 2019 a law was passed to make Health and Relationships Education compulsory in all state funded primary schools from September 2020. The PSHE co-ordinator from the Meadow, was part of the Symphony Trust Research and Development group who oversaw the writing of the new Trust RSE (Relationships and Sex Education) policy which reflects the new legislation. Teaching staff have been kept updated about the new guidance and what they will be expected to teach from 2020. A whole school long term progression map has been written and shared amongst staff, along with the PSHE Association programme of work for their year group. Throughout October a Trust-wide consultation was launched to enable parents and carers to familiarise themselves with the new legislation and what their children will be learning (this was postponed from March due to the coronavirus lockdown). During this academic year all teachers will be delivering regular PSHE lessons. Lessons will be recorded in a variety of different ways including written work in books, artwork, discussions and role play. Resources (by year group) have been downloaded onto our school server and made available to all staff and will continue to be added to. Furthermore, the DfE Teacher Training Modules have been shared as best practice for delivering the new content. At the end of the year teachers will be able to assess the children as to whether they are working towards, at expected or at greater depth in the age related expectations of the PSHE Association learning outcomes. Our school programme of work is split into three strands: Relationships, Health and Wellbeing and Living in the Wider World.

The school continues with its work on Route on Resilience, promoting, modelling and celebrating the characteristics of resilience in day to day life at school. Unfortunately, due to the coronavirus pandemic whole school events that would normally involve parents and carers have had to be postponed.

Future aspiration

- To buy into a whole school scheme that has an exciting range of resources relevant to all year groups. For example, One Decision, which is a web-based portal with a full scheme of work fully mapped to the new Health and Relationships Education. Each module has a range of videos in which children act out scenarios. This would reduce teacher workload when planning PSHE lessons.
- For children to understand the term PSHE and recognise why it's as important as their maths and English lessons.
- For children to build on their Route to Resilience work and continue to find ways to be 'the best version of themselves.'

