



The Meadow Community Primary School and Pre-School

Curriculum position statement – **September 2023** **PSHE including Health and Relationships Education**

Historical

The personal, social, and health education of children at the Meadow has always been central to school life. Building self-esteem through special mentions and house points, providing opportunities for teamwork during class assemblies and inter-house competition, promoting British Values by voting for school councillors and offering a variety of physical activities in after school clubs are just some of the ways that children experience PSHE. However, whilst the personal, social, and health education of children has always been important at The Meadow, teaching PSHE in discrete lessons has not always happened on a regular basis. The main reasons for this were time constraints, a focus on academic subjects and a lack of staff training and available resources - a situation found across many primary schools. In 2018/19 the Meadow signed up to the Route to Resilience programme, which encouraged children to build characteristics that would help them find happiness and success in and out of school. Parents were brought on board with the initiative through whole school events and home learning activities and teachers reinforced the specific characteristics during day to day schooling. In 2019 a law was passed to make Health and Relationships Education compulsory in all state funded primary schools from September 2020. The PSHE co-ordinator from the Meadow, was part of the Symphony Trust Research and Development group who oversaw the writing of the new Trust RSE (Relationships and Sex Education) policy which reflects the new legislation. A whole school long term progression map was written and shared amongst staff, along with the PSHE Association programme of work for their year group. Trust-wide consultation was finally launched (delayed by the Covid pandemic) to enable parents and carers to familiarise themselves with the new legislation and what their children will be learning. During 2021 all teachers started to deliver regular PSHE lessons according to the medium-term plan.

Current

Lessons are recorded in a variety of different ways including written work in books, artwork, discussions and role play. Resources (by year group) have been downloaded onto our school server and made available to all staff and will continue to be added to. Furthermore, the DfE Teacher Training Modules have been shared as best practice for delivering the new content. At the end of the year teachers will be able to assess the children as to whether they are working towards, at expected or at greater depth in the age related expectations of the PSHE Association learning outcomes. Our school programme of work is split into three strands: Relationships, Health and Wellbeing and Living in the Wider World. The school continues with its work on Route on Resilience, promoting, modelling and celebrating the characteristics of resilience in day to day life at school. Unfortunately, due to the coronavirus pandemic whole school events that would normally involve parents and carers have had to be postponed. Work this year will ensure the consistency of PSHE across the school both in terms of how the medium-term plan is being followed and the amount of work recorded. Nearly all children in KS2 understand what is taught in PSHE and many are able to state, 'Personal, Social and Health Education'. Pupil interviews tell us that children see PSHE in a positive light and think that their lessons are an important part of school.

Future aspiration

- To buy into a whole school scheme that has an exciting range of resources relevant to all year groups. For example, One Decision, which is a web-based portal with a full scheme of work fully mapped to the new Health and Relationships Education. Each module has a range of videos in which children act out scenarios. This would reduce teacher workload when planning PSHE lessons.

